

MARCH 2024 MIDDLE SCHOOL BREAKFAST MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
				MARCH 1 Egg & Cheese on WG English Muffin Assorted Fresh Fruit 100% Fruit Juice Variety of Milk
MARCH 4 Egg and Cheese on WG Croissant Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	MARCH 5 Egg & Cheese on WG Pretzel Bun Assorted Fresh Fruit Variety of Milk	MARCH 6 Fresh Baked WG Cinnamon Bun Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	MARCH 7 Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk	MARCH 8 Egg & Cheese on WG English Muffin Assorted Fresh Fruit 100% Fruit Juice Variety of Milk
MARCH 11 Egg and Cheese on WG Croissant Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	MARCH 12 Egg & Cheese on WG Pretzel Bun Assorted Fresh Fruit Variety of Milk	MARCH 13 Fresh Baked WG Cinnamon Bun Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	MARCH 14 Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk	MARCH 15 Egg & Cheese on WG English Muffin Assorted Fresh Fruit 100% Fruit Juice Variety of Milk
MARCH 18 Egg and Cheese on WG Croissant Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	MARCH 19 Egg & Cheese on WG Pretzel Bun Assorted Fresh Fruit Variety of Milk	MARCH 20 Fresh Baked WG Cinnamon Bun Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	MARCH 21 Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk	MARCH 22 Egg & Cheese on WG English Muffin Assorted Fresh Fruit 100% Fruit Juice Variety of Milk
MARCH 25 NO SCHOOL	MARCH 26 NO SCHOOL	MARCH 27 NO SCHOOL	MARCH 28 NO SCHOOL	MARCH 29 NO SCHOOL

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AVAILABLE DAILY:

Fresh fruit: may include apples, oranges, bananas

Variety of Milk: unflavored 1% milk, unflavored fat free milk or fat free chocolate milk

DAILY ALTERNATE ENTREES

Overnight Oats

Assorted Breakfast Breads: may include banana, pumpkin or blueberry

WG Muffins: may include blueberry, chocolate chip or banana

Yogurt Parfait

Additional WG offerings may include mini pancakes, mini French toast or mini bagels

Assorted WG cereal may include WG Cheerios, WG Rice Chex, WG Honey Nut Cheerios, WG Cinnamon Chex, WG Cinnamon Toast Crunch, WG Cocoa Puffs

100% Fruit Juice: may include 100% apple, 100% orange, 100% grape or 100% fruit punch

M-W: Bagel with cream cheese

T-W-TH: Choc Chip Benefit Bar or Banana Benefit Bar

This institution is an equal opportunity provider. Menu subject to change without notice.

WG = Whole Grain

***All grains offered are whole grain rich**